

# JANUARY 2021

Tapestry Charter School Grades 5-12

BREAKFAST IS FREE OF CHARGE UNTIL FURTHER NOTICE

**Monday**

**Tuesday**

**Wednesday**

**Thursday**

**Friday**

2021

4

MEALS AVAILABLE  
111 GREAT ARROW  
10 AM TO 2 PM

5

MEALS AVAILABLE  
111 GREAT ARROW  
10 AM TO 2 PM

6

MEALS AVAILABLE  
111 GREAT ARROW  
10 AM TO 2 PM

7

MEALS AVAILABLE  
111 GREAT ARROW  
10 AM TO 2 PM

8

MEALS AVAILABLE  
111 GREAT ARROW  
10 AM TO 2 PM

11

GRAB AND GO BAGS  
CHOICE OF:  
WHOLE GRAIN CEREAL,  
MUFFINS OR BREAKFAST  
BARS  
100% FRUIT JUICE

12

GRAB AND GO BAGS  
CHOICE OF:  
WHOLE GRAIN CEREAL,  
MUFFINS OR BREAKFAST  
BARS  
100% FRUIT JUICE

13

GRAB AND GO BAGS  
CHOICE OF:  
WHOLE GRAIN CEREAL,  
MUFFINS OR BREAKFAST  
BARS  
100% FRUIT JUICE

14

GRAB AND GO BAGS  
CHOICE OF:  
WHOLE GRAIN CEREAL,  
MUFFINS OR BREAKFAST  
BARS  
100% FRUIT JUICE

15

MEALS AVAILABLE  
111 GREAT ARROW  
11 AM TO 1 PM

18

DR. MARTIN LUTHER KING,  
JR. DAY  
NO SCHOOL

19

GRAB AND GO BAGS  
CHOICE OF:  
WHOLE GRAIN CEREAL,  
MUFFINS, OR BREAKFAST  
BARS  
100% FRUIT JUICE

20

GRAB AND GO BAGS  
CHOICE OF:  
WHOLE GRAIN CEREAL,  
MUFFINS, OR BREAKFAST  
BARS  
100% FRUIT JUICE

21

GRAB AND GO BAGS  
CHOICE OF:  
WHOLE GRAIN CEREAL,  
MUFFINS, OR BREAKFAST  
BARS  
100% FRUIT JUICE

22

MEALS AVAILABLE  
111 GREAT ARROW  
11 AM TO 1 PM

25

GRAB AND GO BAGS  
CHOICE OF:  
WHOLE GRAIN CEREAL,  
MUFFINS, OR BREAKFAST  
BARS  
100% FRUIT JUICE

26

GRAB AND GO BAGS  
CHOICE OF:  
WHOLE GRAIN CEREAL,  
MUFFINS, OR BREAKFAST  
BARS  
100% FRUIT JUICE

27

GRAB AND GO BAGS  
CHOICE OF:  
WHOLE GRAIN CEREAL,  
MUFFINS, OR BREAKFAST  
BARS  
100% FRUIT JUICE

28

GRAB AND GO BAGS  
CHOICE OF:  
WHOLE GRAIN CEREAL,  
MUFFINS, OR BREAKFAST  
BARS  
100% FRUIT JUICE

29

MEALS AVAILABLE  
111 GREAT ARROW  
11 AM TO 1 PM

In accordance with federal law and the U.S. Department of Agriculture policy, this institution is prohibited from discriminating on the basis of race, color, national origin, sex, age or disability.

Menu is subject to change without notice.

All grains served are whole grain rich.

Breakfast includes daily choice of: fresh fruit, low-fat yogurt and 1% low-fat white or skim milk.