



Lunch \$2.50, Milk \$.50 when purchased alone

MARCH 2020

Tapestry Charter School Grades 6-12

Alternative Lunch Choices:

Salad Bar, Vegetarian Snack Platter, Daily Specials (High School), Deli Sandwich and Peanut Butter and Jelly Sandwich (Middle School)

Monday

2

Cheeseburgers on Whole Grain Buns
Potato Smiles
Yellow Wax Beans

9

Beef Chili Con Carne
Whole Grain Corn Muffin
Tex-Mex Corn

16

Chicken Ranch Wraps in Jalapeno Cheddar Tortillas
Baked Lays Chips
Italian Three Bean Salad

23

Hot Ham and Cheese on Pretzel Buns
Tater Tots
Mixed Vegetables

30

Chicken Stir Fry Over Seasoned Brown Rice
Broccoli Florets
Mini Vegetable Egg Roll

Tuesday

3

Open Chicken Souvlaki
Pita Pocket Bread
Greek Salad

10

Eggo Mini Waffles
Hash Brown patty
Sausage Links
100% Fruit Juice

17

Deluxe Grilled Chicken Sandwich
Sweet Potato Puffs
Green Peas

24

Beef Tacos in Soft Tortilla Shells
Mexican Rice
Seasoned Corn

31

Beef Goulash
Garlic Breadstick
Glazed Carrot Coins

Wednesday

4

Beef and Cheese Quesadillas
Tortilla Chips with Salsa
Refried Beans

11

Grilled Cheese Sandwich
Zesty Tomato Soup
Dill Pickle Spears

18

Italian Sausage with Green Peppers and Onions
Tomato Basil Pasta Salad
Corn on the Cob

25

Spaghetti and Meatballs in Homemade Marinara Sauce
Texas Toast
Garden Salad

Thursday

5

Chicken Parmesan over Rotini and Tomato Sauce
Garlic Knot Roll
Tossed Romaine Salad

12

Meatball and Mozzarella Bomber Hoagies
Onion Rings
Roasted Cauliflower

19

Oven Baked Chicken Macaroni and Cheese
Honey Wheat Biscuit
Groovy Green Beans

26

Hot Diggity Turkey Hot Dogs
Hand-cut Potato Wedges
Homestyle Baked Beans

Friday

6

Chicken Finger Sub
On Costanzo's Roll
Curly Q Fries
Baby Carrots

13

Handmade Pizza
Leafy Green Caesar Salad
Assorted Fruity Yogurt Cups

20

Haddock Fish Sandwich
Crinkle Cut French Fries
Creamy Cole Slaw

27

Cheese or Pepperoni Pizza
Carrot and Celery Sticks with Buttermilk Ranch Dip
Assorted Fruity Yogurt Cups



In accordance with federal law and the U.S. Department of Agriculture policy, this institution is prohibited from discriminating on the basis of race, color, national origin, sex, age or disability.

Lunch price includes daily choice of: Fresh or canned fruit and low-fat white, chocolate, skim or strawberry milk.

All rolls, bread, rice and pasta served are whole grain rich. Menu is subject to change without notice.