

## TCHS News

Mission: To educate and inspire a diverse community of K-12 learners by engaging them in rigorous real learning experiences which prioritize intellectual, social and emotional growth.



### Important Dates

**October 8th:** Staff Development No School

**October 11th: Indigenous People's Day** - No School.

**October 13th: PSAT Grades 10,11** - no school grades 9, 12

**Oct 29** - Senior Picture Day

**Nov 5** - Grades 9 - 11 Picture Day

**Nov 11 - Veterans Day Holiday** - No school

**Nov 22 & 23 - SLC's** - No regular school.

**Nov 24th - PD for Staff** - No regular school.

**Nov 25 & 26** - Thanksgiving Holiday

**Dec 13** - Picture Retake Day

**Dec 24 - Dec 31 - Winter Break** - No School

### Principal's Corner

Dear Tapestry Families,

#### Welcome back!

We are thrilled to have all of our high schoolers in our building. The energy and excitement of seeing everyone together again for the first time since March of 2020 is remarkable. But through the excitement, we are still reminded of the very real experiences that we have all had in the last 18 months. No two people have had the same lived experience and as a community we are all back together now looking to heal and move forward.

Our **students** have shown remarkable resilience as they adapt to yet more change in their lives. Our **teachers** are working incredibly hard each day to provide the education your children deserve while also serving as mentors and support systems.

Our **student support team** has been remarkable, building relationships and providing an outlet for students who need to express their feelings and emotions in healthy ways.

We are rebuilding and adapting and learning together.

**We are Crew.**

Welcome back Thunderhawks!

Fred Carstens & Sara Hilligas, Co-Principals

### College Corner

Seniors are off to a strong start with the college planning and application process. Informational videos were created by the counselors, targeting very specific parts to each step. After watching them each week, seniors will soon have all the tools they need to create a future pathway and complete applications here in school. Information will be sent home along the way to families and regular check ins with seniors will happen to make sure they are working on their plan, including submitting applications. Please be on the look out for more college related information to come home, as well as a date for a **Say Yes/FAFSA Night**. Come and meet with the experts about Say Yes and the financial aid applications.

### Social Emotional Corner

We are excited to have students back in the building 5 days a week but we recognize that this can present a layer of challenges for many. If your child or family is struggling please reach out to the school counselors for support. You can also access <https://nyprojecthope.org> social/emotional support at home.

### PROCEDURE FOR STUDENT TO GO HOME SICK

If your student **does not feel well** at school, they must do the following:

- Ask the teacher if they can go to the office (students cannot use their cell phones during school).
- When they come to the office, the school nurse will be called.
- The school nurse will do an evaluation and determine if they need to leave school.
- School Nurse will call parent/guardian if student needs to go home.

### ARRIVAL and DISMISSAL TIMES - 2021/2022

**Monday** - **Start** 10:00 am - **End** 2:30 pm

**Tuesday - Friday** - **Start** 7:45 am - **End** 2:33 pm

Students coming in late to school will be marked **TARDY** and a call will be made home. If a student has excessive tardiness, a parent/guardian will be **contacted by an administrator**.

## Thunderhawks Sports News

Tapestry Athletics in the High School have been a huge success. Coaches have instilled the **Tapestry traits** amongst their teams. Coach Davis has been conducting strength and conditioning workouts every Monday and Wednesday. We could not be happier with participation and the much needed fitness components for our young adults. We would like to thank families that have supported athletics and helped with the transportation for our student athletes. **Soccer and Volleyball** teams have been playing other local schools in games and are playoff bound.

**Winter Sports** will include **basketball, indoor track and field** will start **November 8th** to kick off the winter season. Due to historically large numbers, basketball teams may have a tryout process. As soon as schedules are finalized, we will be getting information out to families.

Please be aware that **sport physicals are good for one year**. Please make sure we have a current physical on file if your child is interested in athletics. **THUNDERHAWK PRIDE!**



## 2021-2022 Health News

### COVID/SICK Protocol



**Do not send your child to school if they have the following...**

- a) A fever 100.4; to return your child must be fever free for 48 hours with no medicine administered
- b) A cough - consistent bad cough (coughing multiple times per hour), not sleeping through the night due to cough
- c) Nasal Congestion – your child has a consistent runny nose and is blowing their nose multiple times an hour; if you see green colored discharge – time for an MD visit.
- d) Seems more tired than usual
- e) Has an unusual rash
- f) General body aches with no underlying cause

### Returning to School Following Illness:

**ECDOH** requires that in order for students or staff to return to school following a COVID like illness, regardless of vaccination status, one of the three following criteria must be met:

- A negative COVID-19 test is provided, home tests do not meet criteria, test needs to be a PCR COVID-19 test **OR**
- A note from the primary care physician stating an alternative diagnosis **OR**
- There have been at least **10 days** since the onset of COVID -19 symptoms.

Please contact the Health Office if you have any questions.  
*Nancy Burns, School Nurse*

716-204-5883 x1082

In September, **9th graders** took a team building trip to YMCA Camp Kenan on Lake Ontario. Throughout the day, students were pushed outside their comfort zones as they completed a low ropes course, scavenger hunt, climbed a rock wall, and learned archery.

The freshmen have been busy taking the **NWEA** (a test to see where they are academically), so the teachers can best service their individual needs.



October 1st, **10th graders** took a team building trip to YMCA Camp Kenan on Lake Ontario. During the day, they completed a low ropes course, scavenger hunt, climbed a rock wall, and learned archery. Of course, we had time for fun as we jumped on bounce pillows, played basketball, hockey and kickball, and other team-building games. Teachers were amazed as our students pushed themselves, worked cooperatively and encouraged others to succeed. We are truly proud of our sophomore class and enjoyed the time spent with them outside the classroom. This is the perfect example of why **Tapestry** is one of the **best schools** in the city. **We are Crew!**



On September 17th, seniors spent the day in the woods, team building with their crews and socializing with their classmates. We challenged ourselves to work together on a low ropes course, roasted marshmallows, played games and explored the natural world at Broadway Hope. At the end of the day, we were entertained and motivated by the In Jest juggling act. We returned tired but with stronger bonds and the excitement of experiencing fun together.



**11th graders** did their team building at Niagara Falls. They experienced the Maid of the Mist and Cave of the Winds. At the state park, they performed more team building exercises. Tapestry High School Mentor Program: Juniors can apply for a student mentoring program to gain leadership experience. Applications due October 14.

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