

Tapestry Charter School 5th-12th Grade Lunch

| Monday | Tuesday | Wednesday | Thursday | Friday |
|---|---|--|--|---|
|  Chicken patty Sliced carrots Mac and cheese Fresh fruit |  Beef nachos Brown rice Refried beans Corn Assorted fruit |  Cheeseburger Potato Salad Broccoli Applesauce |  Grilled Cheese Tomato Soup Fries Mixed Veggies Fresh fruit |  Pizza Garden salad WG Doritos Pineapple bits |
| 6 Chicken patty Sliced carrots Mac and cheese Fresh fruit | 7 Beef nachos Brown rice Refried beans Corn Assorted fruit | 8 Spaghetti Meatballs Breadstick Spinach Tropical fruit | 9 Chicken nuggets Fries Veg medley Diced pears | 10 Waffles Hashbrown Steamed cauliflower Mandarin oranges |
| 13 Chicken caesar salad Biscuit 3 bean salad Assorted fruit | 14 BBQ burger Onion rings Steamed carrots Assorted fruit | 15 Alfredo Veg medley Garlic knots Applesauce | 16 Popcorn chicken Mac salad Corn Assorted fruit | 17 Pizza Garden salad WG Doritos Fresh fruit |
| 20 Soft shell tacos Churros Brown rice and beans Fire roasted corn Diced peaches | 21 Chicken and waffles Sliced carrots Tater tots Assorted fruit | 22 Garden salad w/ steak Garlic knots Baked zucchini Assorted fruit | 23 Fried chicken Mash potato Gravy Mixed veggies Biscuit Fresh fruit | 24 NO SCHOOL |
| 27 NO SCHOOL | 28 Hot dogs Vegetarian beans Potato salad Fresh fruit | 29 Chicken fingers Steamed broccoli Fries Carrots Assorted fruit | 30 General tso chicken Fortune cookie Eggroll Steamed broccoli Pineapple bits | 31 Sloppy joe Soft pretzel Cali veggie blend Fresh fruit |

Menu is subject to change without notice.

In accordance with Federal law and US Department of Agriculture, this institution is prohibited from discriminating on the basis of race, color, national origin, sex age or disability