

# OCTOBER 2024

## Tapestry Charter School K-4<sup>th</sup> Grade

Alternative Breakfast is available if allergic.]

Monday	Tuesday	Wednesday	Thursday	Friday
	<b>Hot Breakfast Choice 1</b> WG Cereal Fresh Fruit Yogurt Low fat Milk Juice	<b>Hot Breakfast Choice 2</b> WG Cereal Fresh Fruit Yogurt Low fat Milk Juice	<b>Hot Breakfast Choice 3</b> WG Cereal Fresh Fruit Yogurt Low fat Milk Juice	<b>Hot Breakfast Choice 4</b> WG Cereal Fresh Fruit Yogurt Low fat Milk Juice
<b>Hot Breakfast Choice 7</b> WG Cereal Fresh Fruit Yogurt Low fat Milk Juice	<b>Hot Breakfast Choice 8</b> WG Cereal Fresh Fruit Yogurt Low fat Milk Juice	<b>Hot Breakfast Choice 9</b> WG Cereal Fresh Fruit Yogurt Low fat Milk Juice	<b>Hot Breakfast Choice 10</b> WG Cereal Fresh Fruit Yogurt Low fat Milk Juice	<b>Hot Breakfast Choice 11</b> WG Cereal Fresh Fruit Yogurt Low fat Milk Juice
<b>Hot Breakfast Choice 14</b> WG Cereal Fresh Fruit Yogurt Low fat Milk Juice	<b>Hot Breakfast Choice 15</b> WG Cereal Fresh Fruit Yogurt Low fat Milk Juice	<b>Hot Breakfast Choice 16</b> WG Cereal Fresh Fruit Yogurt Low fat Milk Juice	<b>Hot Breakfast Choice 17</b> WG Cereal Fresh Fruit Yogurt Low fat Milk Juice	<b>Hot Breakfast Choice 18</b> WG Cereal Fresh Fruit Yogurt Low fat Milk Juice
<b>Hot Breakfast Choice 21</b> WG Cereal Fresh Fruit Yogurt Low fat Milk Juice	<b>Hot Breakfast Choice 22</b> WG Cereal Fresh Fruit Yogurt Low fat Milk Juice	<b>Hot Breakfast Choice 23</b> WG Cereal Fresh Fruit Yogurt Low fat Milk Juice	<b>Hot Breakfast Choice 24</b> WG Cereal Fresh Fruit Yogurt Low fat Milk Juice	<b>Hot Breakfast Choice 25</b> WG Cereal Fresh Fruit Yogurt Low fat Milk Juice
<b>Hot Breakfast Choice 28</b> WG Cereal Fresh Fruit Yogurt Low fat Milk Juice	<b>Hot Breakfast Choice 29</b> WG Cereal Fresh Fruit Yogurt Low fat Milk Juice	<b>Hot Breakfast Choice 30</b> WG Cereal Fresh Fruit Yogurt Low fat Milk Juice	<b>Hot Breakfast Choice 31</b> WG Cereal Fresh Fruit Yogurt Low fat Milk Juice	