



OCTOBER 2024

Alternate lunches available for students w/ allergies.

Tapestry Charter School K-4th Grade

Alternative Lunch:
Peanut Butter and Jelly on
WG Bread

Monday	Tuesday	Wednesday	Thursday	Friday
	1 Carnival waffles Hash Browns Green Beans Pineapple Tibits	2 Spaghetti Meatballs WG breadsticks Spinach Fresh Fruit	3 BBQ Popcorn Chicken French Fries Tomato Cucumber Salad Mandarin Oranges	4 NO SCHOOL
7 Roasted Turkey Mash Potatoes Corn WG Biscuit Applesauce	8 Cheeto Cheeseburger Tater Tots Steamed Broccoli Fresh Fruit	9 Chicken Nuggets French Fries Steamed Carrots Tropical Fruit	10 Hot Dogs on WG Bun Potato Salad Veggie Baked Beans Applesauce	11 Grilled Cheese Tomato Soup Corn Muffin Fresh Fruit
14 NO SCHOOL	15 Tacos on WG Shell Pico De Gallo WG Apple Churro Bean Salad Mandarin Oranges	16 Baked Chicken Mac and Cheese WG Biscuit Peas and Carrots Fresh Fruit	17 Pizza Garden Salad Baked Chips Pineapple Tibits	18 Popcorn Chicken French Fries Roasted Cauliflower Applesauce
21 Chicken Parm WG Pasta WG Garlic Knots Steamed Broccoli Applesauce	22 Hamburger on WG Bun Onion Rings Glazed Carrots Diced Peaches	23 Nacho Deluxe Southwest Corn and Beans WG Apple Churro Fresh Fruit	24 Spaghetti and Meatballs WG Breadsticks Green Beans Mandarin Oranges	25 Sweet n Sour Chicken Veggie Eggroll Brown Rice Veggie Medley Pineapple Tibits
28 Grilled Cheese Tomato Soup WG Goldfish Seasoned Spinach Fresh Fruit	29 Chicken Patty Sandwich Mash Potato Corn WG Biscuit Applesauce	30 Fettuccine Alfredo Veggie Medley WG Garlic Knot Mandarin Oranges	31 Chicken and Waffles Corn Muffin Glazed Carrots Worm Dirt Pudding Fresh Fruit	

In Accordance with Federal Law and U.S. Department of Agricultural policy, this institution is prohibited from discriminating on the basis of race, color, national origin, sex, age and disability.

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on the basis of race,

