



BREAKFAST



SEPTEMBER 2025

Tapestry Charter School 5-8th Grade

Alternative breakfast available if allergic.

Monday

LABOR DAY

Tuesday

Wednesday

Thursday

Friday

1

LABOR DAY

2

Hot Breakfast Choice
Hot Breakfast Sandwich
Breakfast Bar/Muffin
Cereal
Fresh Fruit
Yogurt
Low Fat Milk/ Juice

3

Hot Breakfast Choice
Hot Breakfast Sandwich
Breakfast Bar/Muffin
Cereal
Fresh Fruit
Yogurt
Low Fat Milk/ Juice

4

Hot Breakfast Choice
Hot Breakfast Sandwich
Breakfast Bar/Muffin
Cereal
Fresh Fruit
Yogurt
Low Fat Milk/ Juice

5

Hot Breakfast Choice
Hot Breakfast Sandwich
Breakfast Bar/Muffin
Cereal
Fresh Fruit
Yogurt
Low Fat Milk/ Juice

8

Hot Breakfast Choice
Hot Breakfast Sandwich
Breakfast Bar/Muffin
Cereal
Fresh Fruit
Yogurt
Low Fat Milk/ Juice

9

Hot Breakfast Choice
Hot Breakfast Sandwich
Breakfast Bar/Muffin
Cereal
Fresh Fruit
Yogurt
Low Fat Milk/ Juice

10

Hot Breakfast Choice
Hot Breakfast Sandwich
Breakfast Bar/Muffin
Cereal
Fresh Fruit
Yogurt
Low Fat Milk/ Juice

11

Hot Breakfast Choice
Hot Breakfast Sandwich
Breakfast Bar/Muffin
Cereal
Fresh Fruit
Yogurt
Low Fat Milk/ Juice

12

Hot Breakfast Choice
Hot Breakfast Sandwich
Breakfast Bar/Muffin
Cereal
Fresh Fruit
Yogurt
Low Fat Milk/ Juice

15

Hot Breakfast Choice
Hot Breakfast Sandwich
Breakfast Bar/Muffin
Cereal
Fresh Fruit
Yogurt
Low Fat Milk/ Juice

16

Hot Breakfast Choice
Hot Breakfast Sandwich
Breakfast Bar/Muffin
Cereal
Fresh Fruit
Yogurt
Low Fat Milk/ Juice

17

Hot Breakfast Choice
Hot Breakfast Sandwich
Breakfast Bar/Muffin
Cereal
Fresh Fruit
Yogurt
Low Fat Milk/ Juice

18

Hot Breakfast Choice
Hot Breakfast Sandwich
Breakfast Bar/Muffin
Cereal
Fresh Fruit
Yogurt
Low Fat Milk/ Juice

19

Hot Breakfast Choice
Hot Breakfast Sandwich
Breakfast Bar/Muffin
Cereal
Fresh Fruit
Yogurt
Low Fat Milk/ Juice

22

Hot Breakfast Choice
Hot Breakfast Sandwich
Breakfast Bar/Muffin
Cereal
Fresh Fruit
Yogurt
Low Fat Milk/ Juice

23

Hot Breakfast Choice
Hot Breakfast Sandwich
Breakfast Bar/Muffin
Cereal
Fresh Fruit
Yogurt
Low Fat Milk/ Juice

24

Hot Breakfast Choice
Hot Breakfast Sandwich
Breakfast Bar/Muffin
Cereal
Fresh Fruit
Yogurt
Low Fat Milk/ Juice

25

Hot Breakfast Choice
Hot Breakfast Sandwich
Breakfast Bar/Muffin
Cereal
Fresh Fruit
Yogurt
Low Fat Milk/ Juice

26

Hot Breakfast Choice
Hot Breakfast Sandwich
Breakfast Bar/Muffin
Cereal
Fresh Fruit
Yogurt
Low Fat Milk/ Juice

29

Hot Breakfast Choice
Hot Breakfast Sandwich
Breakfast Bar/Muffin
Cereal
Fresh Fruit
Yogurt
Low Fat Milk/ Juice

30

Hot Breakfast Choice
Hot Breakfast Sandwich
Breakfast Bar/Muffin
Cereal
Fresh Fruit
Yogurt
Low Fat Milk/ Juice

In accordance with Federal Law and U.S. Department of Agricultural Policy, this institution is prohibited from discriminating on the basis of race, color, national origin, sex, age and disability.