

## **OCTOBER 2025**

Tapestry Charter School K-4<sup>th</sup> Grade

Lunch Menu alternative
PB & J

Turkey/ Ham/ Veggie Sandwich

	Monday	Tuesday	Wednesday	Thursday	Friday
1			Pasta Alfredo Broccoli Garlic Toast Fresh Fruit	Burger w/ choice of cheese Veggie Medley WG Goldfish Fresh Fruit	NO SCHOOL
Pizz	ta w/ choice of cheese or pepperoni Garden Salad Garlic Knot	Chicken Tenders Tater Tots Golden Corn Fresh Fruit	Burritos Cheese/lettuce/tomato Refried Beans Chips and Salsa Fresh Fruit	Sahlens Hot Dogs Mac and Cheese Steamed Broccoli Fresh Fruit	Turkey Sub Tater Tots Steamed Carrots Fresh Fruit
	NO SCHOOL	Spaghetti w/ Choice of meat- balls Garlic Toast Steamed Spinach Fresh Fruit	Chicken Patty Sandwich Roasted Potatoes Steamed Broccoli Fresh Fruit	Nacho Deluxe Brown Fiesta rice WG Churro Fresh Fruit	Carnival Waffle Tater tots Breakfast Sausage Steamed Carrots Fresh Fruit
Ви	uffalo Mac and Cheese Tomato Soup WG Goldfish Fresh Fruit	Sweet and Sour Chicken Seasoned Rice Biscuit Seasoned Carrots Fresh Fruit	Taco in a bag Fiesta Rice Cinnamon Churro Fresh Fruit	Breaded Chicken  Sweet Potato Casserole  Corn Muffin  Golden Corn  Fresh Fruit	Pizza Crunchers  Marinara Sauce Steamed Broccoli  Sun Chips Fresh Fruit
	Brunch French Toast Breakfast Sausage Breakfast Muffin Peas/ Carrots Fresh Fruit	Chicken Caesar Salad Breadsticks French Fries Fresh Fruit	Fish Bites Baked Mac and Cheese Green Beans Fresh Fruit	Chicken and Waffles Sweet Potato Fries Golden Corn Fresh Fruit	Mummy's Pizza w/ choice of cheese or pepperoni Goblin Garden Salad Worms and Dirt Dessert Fresh Fruit

Milk Choices 1%
Fat Free
Chocolate/White/Strawberry

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